

COUNSELING SERVICES

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Web address: <https://www.hiram.edu/student-resources/health-wellness/counseling-services/>

Emotional and psychological health is important to an overall sense of well-being. The Counseling Center is available to help Hiram students to be able to fully participate in both their academic life and their campus involvement. College can be the best of times, but there also may be times of challenges, stresses, and distresses. The Counseling Center staff is available to provide assistance and support to students during difficult times in their lives or simply to provide a listening ear.

Problems and concerns that interfere with a student's ability to focus on coursework or to enjoy the many opportunities for learning and having fun outside the classroom are the kinds of issues that students often bring to the Counseling Center. The focus of the Hiram College Counseling Center is to help students with the short-term issues that are typical of this age. Students who have mental health issues that are long-term in nature, that are chronic, or that require specialized treatment or monitoring will need to seek treatment with a private mental health professional in one of the neighboring communities.

On-campus counseling services are free of charge to full-time, traditional students. Fees for off-campus services will be the financial responsibility of the student. Students are also responsible for providing their own transportation to off-campus appointments.

Information shared with a counselor remains confidential and in no way reflects upon the student's academic record. The Counseling Center does not release information without the student's knowledge and consent, unless state or federal law mandates release of that information or there is clear indication of threat to the safety of the student or to the community at large.